

2026 Lady Twilighters Handicap Information

Hi! I'm Crista Toth, your Handicap Chair for the Antelope Hills Lady Twilighters League. You will be turning your score cards in to me after each week's play so I can enter your scores and determine the Low Gross and Low Net scores for each *Flight*. A "flight" is a division of golfers within a golf group. Each "flight" consists of golfers of roughly similar skills (determined by handicaps). The Lady Twilighters league usually has 3-4 Flights depending on the number of participants.

Using your current handicap, I will enter your hole-by-hole scores into the GHIN system to determine our low gross and low net. We will then post the results on our Antelope Hills Lady Twilighters website. <https://antelopehillsladytwilighters.azgolf.org/>

Please note the player responsibilities to ensure I have the information I need to determine our weekly winners:

- Play by the Rules of Golf and attempt to make the best score possible at each hole. To facilitate pace of play, if you are not in the hole after double the amount of par strokes, please pick up your ball. Estimate the number of strokes it would have taken you to complete the hole and post that number (double par + anticipated number to finish hole) preceded by an X on your card (ie: X9)
- Submit acceptable scores to provide reasonable evidence of a player's demonstrated ability. Complete and submit a scorecard with your GROSS score on each hole and hand it to me or place it in the blue box labeled "Lady Twilighters".
- Be sure the player names (first & last) and all entries are legible.
- Log the total strokes for each player at the end of the round (you do not need to record putts separately *unless* there is a 'Play of the Day' or special game that week). Please double check your math when totaling the score for each player.
- Certify the scores of fellow players. Two players MUST keep score to verify accuracy (only one card per foursome needs to be turned in). Two people must sign and date the bottom of the card: *Scorer & Attest.*
- Players are expected to act with integrity by following the Rules of Handicapping and to refrain from using or circumventing the Rules of Handicapping for the purpose of gaining an unfair advantage.

Why a handicap System? The purpose of the USGA World Handicap System is to make the game of golf more enjoyable by enabling players of differing abilities across the world to compete on an equitable basis. The System provides a fair *Course Handicap* for each player, regardless of ability, and adjusts a player's *Handicap Index* up or down as the player's game changes. At the same time, the *System* disregards high scores that bear little relation to the player's potential ability and promotes continuity by making a *Handicap Index* continuous from one playing season or year to the next. A *Handicap Index* is issued only to individuals who are members of a licensed golf club such as the Antelope Hills Lady Twilighters.

What is a handicap Index? A *Handicap Index* indicates a player's skill and compares a player's scoring ability to the scoring ability of a scratch golfer on a course of standard difficulty. A *Handicap Index* is computed by averaging your 8 best scores out of your most recent 20 scores. A *Handicap Index* is converted to a *Course Handicap* based on the *Slope Rating* of the tees played. A *Handicap index* is updated after each round of play.

For more information on the Rules of Handicapping, please visit the USGA website <https://www.usga.org/content/usga/home-page/handicapping.html>

I'm looking forward to another great Lady Twilighters Golf Season! Please let me know if you have any questions.

Crista Toth

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